



# PHYSICAL EDUCATION

## Newsletter

### Tampa Bay Buccaneers Flag Football Visit

Staff from the Tampa Bay Buccaneers organization will once again be coming out to teach and reinforce football skills on Monday, February 3rd. Students must have a signed waiver to participate in throwing, catching and agility stations. Students who participated last year shared that it was one of their favorite days in PE class. Please scan the QR code on the last page of this newsletter to take you to the digital permission slip. Waiver deadline is Thursday, January 30th.



### 9 Square in the Air

During our Net Games Unit, students practice developing their skills by volleying the ball through squares suspended in the air. They can also serve and strike the ball in a variety of ways. Students rotate around the playing area, trying to make it to the center in hopes of controlling the game with their serves.

## Crossing the River

Cooperative games require students to work together to accomplish a task. Students were to cross a river using ingenuity, cooperation, "rocks," and a "boat" to get from one side of a river bank to another. Levels were added to challenge the students even further throughout the exercise. Each child was given an opportunity to be the captain and lead their team safely across the body of water.



## Upcoming Events

- Waivers Due - Jan 30th
- Bucs Visit - Feb 3rd

## Still in the works...

- Return of Field Day
- After School 5K Run



**Questions?**

Contact Coach Reynolds  
[reynoldst@pcsb.org](mailto:reynoldst@pcsb.org)





## THE BUCS ARE COMING TO YOUR SCHOOL FOR A FREE FLAG FOOTBALL CLINIC

Students are encouraged to wear Buccaneers athletic gear for the day. If you would like for your child to participate, please fill out the associated waiver by scanning the QR code or printing out and returning to your child's teacher.



SCAN THE QR  
CODE TO FILL  
OUT THE DIGITAL  
WAIVER